

Would you like to be activated?  
**Take part in a Sea Land Activity!**

See our price list on Facebook & Website

# Corfu Sea Land Activities®

**Kayak, SUP, MTB Cycling, Snorkeling, Swimming, Hiking,  
 Speed Boat Excursions**



Organizing  
 & Offering Outdoor Activities  
 On Corfu Island,  
 within Corfu Town or  
 on it's small Isles

**Corfu Sea Land Activities®**  
[www.CorfuActivities.com](http://www.CorfuActivities.com)  
 Corfu Lifeguard Organization

Tel: (+30) 6971947737 - 6977777809

Email: [CorfuSeaLandActivities@yahoogroups.com](mailto:CorfuSeaLandActivities@yahoogroups.com)

Video: <https://vimeo.com/album/3949712>

Web: <https://www.corfuactivities.com/>

Facebook: <https://www.facebook.com/CorfuSeaLandActivities/>

## “Mouse Island” Sea Active Fun with SUP



We will have a really great fun while **stand up paddling** or **kayaking** round the most famous small isle of Corfu, the so called “**Mouse Island**”, a name after its shape.

Our target is a circle trip around that island. The west side is shallow waters, while the east is deep & this is the one with the most clear waters.

We will also have time to stop on the south East side of the isle, the “**Mouse’s tail**” for a small but refreshing snorkeling break.

**Distance:** 2,26 Miles – 3,64Km

**Area:** Kanoni - Corfu Town

**Difficulty:** Easy to Moderate





## Old Fortress to “Mouse Island” Kayak Tour



Two of the most important sites of Corfu Town is the **Old Fortress** and the **Mouse Island**. It was inevitable then to combine them into a single kayak tour that lasts longer.

This tour is ideal for the visitor of the town that would like to remain more time in the sea and paddle for more minutes having almost a half day sea activity.

It is also the perfect activity for those who visit our town on a cruise ship and would like to be active till they have their dinner in a local taverna or grill house close to **Garitsa Bay**. Sea has it's own way to make you starve & enjoy e noon meal close by the sea.

If you choose this tour in the middle of the Summer, please have all sun protection that you can get. We will provide the rest.



**Distance**: 3,56 N.Miles – 6,60Km

**Area**: Kanoni - Corfu Town

**Difficulty**: Easy to Moderate

## Corfu Town Sea Sights **Double Kayak** Tour



This tour starts close to the **Old Fortress** of Corfu Town, passes through the graphic **Garitsa Bay** with it's windmill and finally heads towards **Mon Repo Palace**", an area which is very well know to locals cause of its gardens, archeological sights and historical importance. At **Kardaki Beach**, which is the beach of "**Mon Repo Palace**" we will stop for a small break before taking the way back to the **Nautical Club Of Corfu**.

The tour is ideal for amateurs who would like to have an alternative experience of Corfu Town and suburbs.

Should you choose this tour in the middle of the Summer, please have all sun protection that you can get. We will provide the rest.

**Distance:** 3,25 N.Miles - 6Km

**Area:** Corfu Town

**Difficulty:** Easy to Moderate



## "Lazzaretto" Island Double Kayak Tour



The most known isles of Corfu Town are the **Lazzaretto** and the **Vidos**. While **Vidos** is close to Corfu Port, **Lazzaretto** on the other hand is situated more to the North of it, thing that makes it ideal for sea activities.

The historical importance of **Lazzaretto** started in the **16<sup>th</sup>** century with a **Monastery** being established on it, while for the following 4 centuries the **Venetians** used it as a "**quarantine**" island, after the 1413's "**Nazaretum**" hospital - quarantine island of Venice [Santa Maria di Nazaret church].

This island is completely **inhabited** & full of **green**. On its coasts small private sea vessels approach for a little swim all summer long.



This Kayak tour is about visiting this small island which distances no more than 0,65 N. Miles or 1,20Km from shore. A break on one of its beaches would be the ideal thing to do before coming back to Corfu shore.

**Distance:** 2,02 Miles – 3,75Km

**Area:** Lazzaretto Island

**Difficulty:** Easy to Moderate



## Old Fortress Sea Active Fun – SUP & Kayak



Corfu town is characterized by the presence of **two fortresses**. One considered to be “**new**”, since the **middle ages**, and one “**old**”, **perfectionated** also in the middle ages, especially under the dominion of the city of Venice, but firstly build during the time of the “**Eastern Romans**”, a time well know in Europeans, as the “**Byzantine Empire**”.



Today in the 21<sup>st</sup> century, we are willing to meet this big construction under a new perspective, and that is not on foot inside it, but rather while being at sea level, were the breeze will keep us alive and happy for the whole activity time.

Visit this “defensive complex” using:

- a) SUP (Stand up Paddling) or
- b) Kayak

Snorkeling equipment will be provided anyways!

**Area**: Corfu Town – Old Fortress

**Difficulty**: Moderate

**Duration**: 1 Hour

**Distance** : 2,91Miles – 4,68 Km

## “Kardaki” Temple Active Tour – SUP / KAYAK



The ancient temple of “**Kardaki**” (510 b.C.) dedicated to an unidentified till today deity, possible Apollo, is named after the close by spring (“**Kardaki**”). Characterized by Doric, Ionic & architectonic styles of the “**Magna Grecia**” (Ancient South Italy) the temple is located close to the beach while the spring is even closer, almost at shore. The famous ancient historian “**Thucidides**” mentions in his books the “**Kardaki**” location by the name of “**Meteora**”.

Our **tour** is actually taking place along the shore of this ancient temple. The coast we are paddling in modern times, is along a vast public garden, by the name of “**Mon Repos**”, where one century ago the **British ruler** had his **mansion**, and after him the **ex-king of Greece** had his “**Summer**” **Palace**.

The point of no return of our tour is the “**Kardaki**” spring and thw stone old dock, a spot for public swimming and snorkeling.

Sea bottom is full of a weed called “**Poseidonia**” and this presence demonstrates the healthy sea environment of this close to town region.



**Distance:** 2,26 Miles – 3,64Km

**Area:** Mon Repos

**Difficulty:** Moderate

## Garitsa Bay SUP School



**“Garitsa Bay”** is one of the most know bays on Corfu Island all through history.

It is located on the east side of the island which actually has the highest possibilities of **calmest waters** especially in Summer.

This bay It is very well protected from **NW** and **SW** wind gusts, which are the most common, so it is the ideal place under windy weather conditions to learn how to **Stand Up Paddling**.

**“Garista Bay”** offers a great view of **Corfu Old Fortress** and it is one of the preferable places of yacht anchoring on the island after the Marina in Gouvia.

Our SUP school - tour involves paddling between the **Old Fortress** and the very well know place of **"Anemomilos"** (windmill) dock, offering calm waters, safety of a close bay, plus a historical panoramic.

**Distance:** 1.55 Miles – 2.5Km

**Area:** Garista Bay - Corfu Town

**Difficulty:** Easy to Moderate





## Kommeno Bay **Rowing** Experience



Let us row in one of the most calm and green bays of Corfu Island.

The tour will commence close to the famous chapel of “**Candlemas of Christ**” while in the distance “**Gouvia’s**” Marina is clearly visible and full of leisure sea vessels.

Our activity will follow the sea path towards the “**Durrell’s family Villa**” through a visit to the old “**Venetian shipyard**”.



**Area:** Kommeno Bay, Gouvia

**Difficulty:** Easy

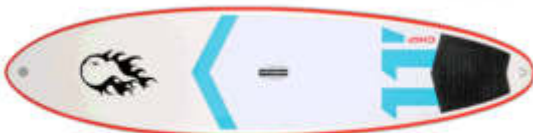
**Duration:** 1 Hour

**Distance:** 1,86Miles – 3 Km

## Kaiser's Bridge Sup Tour



On this bridge, “**Sissy**”, **princess of Austria** was having her baths back in the 17<sup>th</sup> century, here on Corfu Island. The bridge took its name after Germany’s **Kaiser “Wilhelm B”**, the man who build “**Achillion Palace**” up in “**Gastourion**” village.



We will begin our tour close to “**Aeolos**” beach & we will follow the beautiful coast line.

We will have the chance to taste a small snorkeling experience, just 300m after the famous bridge immersing on rocky sea bottom place.



**Area:** Perama

**Difficulty:** Easy

**Duration:** 45 Minutes

**Distance:** 0,76 N. Miles – 1,38 Km



## “Paleokastritsa” Caves & “Skeloudi” Island KAYK



“**Paleokastritsa**” is a magnificent rocky **coastline** place on Corfu, with amazing beaches, crystal clear waters & some interesting caves. According to traditions, “**Paleokastritsa**” was firstly inhabited by **Spartans** colonists while on their way to Sicily. A bad weather situation forced them to stay in this place forever.

The location was mythologically bonded to “**Odysseus**” adventure, through Homer’s “**Ulysses**”. It was here that “**Odysseus**” was found almost dead and rescued on the beach by “**Nafsika**”, daughter of “**Alkinoos**”, king of the island.

Nowadays “**Paleokastritsa**” is very well known as a top touristic destination while still holding on it’s peek a monastery dedicated to “**Virgin Mary**” with a couple of monks in it.

Our main means of tour in this sea is the kayak, focusing on a extremely nice activity around all the beaches of “**Paleokastritsa**”. It is just a **highlighted** tour for really sure!

**Distance:** 2,63 Miles – 4,24Km

**Area:** Paleokastritsa

**Difficulty:** Moderate

**Duration:** 2 - 3 Hours





## Boat & Skipper. "Vidos" & "Lazaretto" Snorkeling



This is a **Motor Boat** service suited also for families with toddlers. Cruising is long **Corfu Town** and around the small Islands of "**Vidos**" & "**Lazaretto**", where we will drop in the sea for snorkeling with the use of electric **SeaDoo® Sea Scooters**.

Engine: 30-40Hp

Cruising Speed: 10-15 M/H

Capacity : 4 persons

Dep.Base : Around Corfu Town

Welcomed : Couples - Families - Small Group & Friends

Crew : Skipper / Lifeguard

Including: Drinks and Snacks - Fuel and Taxes

Areas: Vidos & Lazaretto

Difficulty: Easy to Moderate

Distance: 20mi – 34km)

Duration: 04:30 Hours



## Cruise & Activities. Vidos & Lazaretto Isles



We are offering Motor Speed Boat service cruising close to Corfu Town and around the small Islands of "**Vidos**" & "**Lazaretto**", where our **Sea Activities** are taking place involving **Kayak, SUP and Sea Scooters for electric propulsion snorkeling**. Consider this as a half day tour package with lots of fun.

Engine: 140Hp

Cruising Speed: 30 M/H

Capacity : 6 persons

Crew: Skipper / Lifeguard

Including: Drinks and Snacks - Fuel and Taxes

Dep.Bases : Marina Gouvia

Areas: Small isles of Corfu

Difficulty: Easy to Moderate

Distance: 14mi -24km

Duration: 3:30 Hours



## Cruise & Activities. Herimitis & Agios Stefanos



We are offering Motor Speed Boat service cruising around “**Herimitis**” & “**Agios Stefanos**” area where our **Sea Activities** are taking place in amazing beaches. Activities involve **Kayak, SUP, Sea Scooters** and **Hiking & Horse Riding** as an option.

Consider this as a half day tour package with lots of fun and crystal clear water at “**Agios Stefanos**”.

Stopping for a fresh fish meal in a local traditional taverna is optional and it is not included in the price.

Engine: 140Hp

Cruising Speed: 30 M/H

Capacity : 6 persons

Crew: Skipper / Lifeguard

Including: Drinks and Snacks - Fuel

Dep.Bases : Marina Gouvia

Areas: Erimitis

Difficulty: Easy to Moderate

Distance: 20mi – 34km)

Duration: 04:30 Hours





## Faliraki Route SeaDoo® Sea Scooters



“**Faliraki**” beach & the sea around “**Old Fortress**” of Corfu are magnificent places for snorkeling and other sea activities. Snorkeling becomes more interesting especially if it is being performed by the help of electric **Sea Scooters**, like the **SeaDoo®**. Our goal is to dive in the blue waters of “**Faliraki**” area and then head towards “**Old Fortresses**” high walls.

Visiting the small beaches close to the fallen walls and the edge of the Venetian Fortress the “**Kavosidero**”, is a “must do” for our team.

This area is really close to the port and it is one of the ideal for cruise visitors.

**Area:** Faliraki - Old Fortress

**Duration:** 1.5 Hour

**Distance:** 0.93 Miles – 1,5Km

**Difficulty:** Easy



## Anemomylos Route SeaDoo® Sea Scooters



“**Anemomylos**” (Windmill) is a famous place inside Corfu Town. Most of the residents of the “**Garitsa**” suburb visit this place for bath in the summertime, while in the winter some of them, by the name of “**The Pinguins**” practice winter swimming activities.

Our fun will begin by using “**Anemomylos**” area as a starting point of our snorkeling activity involving electric **Sea Scooters (SeaDoo®)**.

Our goal is the “**Kardaki**” dock, close to an ancient temple of 510 b.C.

Sea bottom of the area is full of “**Poseidonia**” sea plant, rocks and small fishes. After a rest stop at “**Kardaki**” dock we will end our activity possibly with some diving opportunity given by the existence of a 3m tall wooden dock in the area.

**Area:** Anemomylos - Kardaki

**Duration:** 1.5 Hour

**Distance:** 0.93 Miles – 1,5Km

**Difficulty:** Easy





## ⚡ e-MTB to Agii Deka, Stavros, Achilleion Palace



This is the best Eastern Mountain **e-Mountain Bike Tour** of Corfu. In this tour we are going to have the opportunity to climb with ease the 2 most known mountains of the Eastern coast of the island, the **Stavros Mountain** passing through the Agii Deka village & the **Gastourion Hill** with it's "**Achilleion Palace**" build for **Empress Elizabeth** of Austria (**Sissy**). We will be having a walking tour **inside** the **Palace** and the entry ticket of this **Museum** is allready prepaid and included within our price. On the other hand on the descent of Stavros Mountain we will meet the isolated chapel of **Saint Friday** situated just above the village of **Benitses**. Both mountains will provide us with easy, fresh and speedy downhills with marvelous cornering down to the sea of **Perama**.

A stop for some soft drinks into a **fantastic Café**, with a spectacular view of the Eastern Ionian sea is included in this tour. Don't miss it!



**Distance:** 18 Miles – 30Km

**Area:** Agii Deka - Stavros

**Difficulty:** Easy to Moderate



## Corfu Town Sightseeing **Cycle** Activity



Our tour starts close to the port & initially unfolds itself through the narrow paths of the middle ages **Corfu Town**, where we will have the opportunity to admire the old **Venetian** style of construction plus the two “**Venetian**” fortresses of the town.

On the suburbs of Corfu we will be able to pass by the ancient temples of “**Diana**”, “**Hera**” & “**Apollo**” of 6th century B.C.

Close to them, we will meet two of the oldest Christian churches of the island, functional or ruined, “**Iasonas & Sosipatros**” Apostole’s temple & the Byzantine (Eastern Roman) “**Neragiha**” Virgin Mary’s temple, situated by the ancient city walls. But that is not all. Close to them is located also the oldest monastery of the island, the “**Saints Theodoros**”, 5th century A.D..

We will also visit “**Kanoni**” (canon) area with its majestic view overlooking the famous “**Mouse Island**”, the former **king’s of Greece Palace**, a green area full of thousands of different plants & of course the former **British Governor Palace** with its ancient **Doric** style construction, prior to the conclusion of our tour.

**Area:** Corfu Town

**Difficulty:** Moderate

**Duration:** 2 Hours

**Distance:** 8,10 Miles – 13Km



## Crab Lake & Durrel's Farm **MTB** Tour



This is a classic sportive MTB tour with a combination of **off road** tracks. It can be started both from **Corfu Town** or "**Gouvia**" area and gets into the green area of "**Poulades**".

Olive trees, low bushes, tarmac, gravel and countryside narrow roads, climbing and descending, birds, hawks, are some of the **characteristic** labels of this route. Target is the "**Crab Lake**", a small lake situated in the middle of a green "nowhere".

What follows next is one of the off-road tracks that leads towards one of the "**Durrel's**" houses and particularly their **farm**, close to another nature's "middle of nowhere" land, the so-called "**Gaidarana Lake**".

"**Gaidarana Lake**" is a big protected nature area, an old system of lots of small lakes that were almost **desiccated** in the middle of **1800's** by the Venetian authorities.

The "**Gaidarana**" area these days is used for horse farming and we are going to cross it all along on mountain bikes.

The nature of the area is green and dense and we will surely find time for a small snack and drink break within our ride.

**Area:** Poulades

**Difficulty:** Moderate

**Duration:** 2 – 3 Hours



## Mount "Pantokrator" Tarmac MTB Down Hill



This is an alternative to "**Mount Pantokratoras Dowhhill Gravel**", cause it is always on **tarmac** avoiding **gravel**.

It is most suited for persons wanting to avoid **accidental terrain** and also participate with their **families, kids** included. The panoramic though is spectacular like its gravel companion.

Firstly we have to get on the top of the tallest mountain of Corfu Island. This is Mount "**Pantokrator**" (Mount "**Almighty**") which is **910m** or **2950ft** tall. This mountain overlooks the whole island from North to South. It is not strange that monks have used its top for building their **monastery**.

Our car will transfer us up there along with our bikes. From that mountain we will perform a really long descent all the way down to the east coast of the island at sea level.

This view of **Greece / Albania sea straights** will be breath taking. The tall hills surrounding our tour will transport us back in time, where men use to live almost away from any kind of civilization away from pirates.

**Area:** Mt Pantokratoras

**Difficulty:** Easy

**Duration:** 1.5 - 2 Hours





## Mount “Pantokrator” Gravel MTB Down Hill



### **Gravel (3,13 Miles - 5Km)**

This is probably one of the best MTB tour on Corfu Island. It involves **gravel**, **tarmac** and the most spectacular **panoramic** of the Island.

Firstly we have to get on the top of the tallest mountain of Corfu Island. This is Mount “**Pantokrator**” (Mount Almighty) which is 910m (2950ft) tall. This mountain overlooks the whole island from North to South. It is not strange that monks have used its top for building their monastery.

Our car will transfer us up there along with our bikes. From that mountain we will perform a really long descent all the way down to the east coast of the island reaching sea level.

Initially we will start at around **900m above sea level** and slowly descent to around **700m**. Lots of turns & stone road will challenge our skills.

This initial view of Greece / Albania / North Epirus sea straights will be breath taking. The tall hills surrounding our tour will teleport us back in antiquity time, where men use to live almost away from any kind of sea civilization by the fears of Pirate nations.

## Mount “Pantokrator” Gravel MTB Down Hill



First **5 kilometers** of the descent are on gravel, while the rest **10km** will be on tarmac. By saying this we need to clear out that part of the tour will be a bit slow and part a bit speedy. But anyways one think is for sure.... we are going to love this remarkable activity!

### **Tarmac (6,63Miles – 10,7Km)**

We will proceed with the descent from **700m** to almost **50m** above sea level while being only on tarmac. We will enjoy full down hill through unique green areas, trees, bushes, narrow roads & a couple of villages.

**Area:** Mount Pantokrator

**Difficulty:** Easy to Moderate

**Distance:** 9Miles – 15Km

**Duration:** 1:30 Hours





## Korakiana Village by MTB (Cycling)



Starting from “**Dassia**” village, we will proceed to “**Ipsos**” beach, and that is the warming up of our tour, since this initial few kilometers are almost quite flat without significant changes in altitude.

Following a paved narrow alley to the picturesque village of “**Agios Marcos**” (Saint Mark), an old Venetian settlement of carefully restored stone houses and a “**Byzantine**” (Eastern Roman) chapel, we will start to climb slowly towards the highest point of our ride.

The climb that follows after “**Agios Markos**”, it is softer and leads towards our peak goal, which is the village of “**Ano Korakiana**”, one of the most colorful & traditional villages of Corfu island.

These foothills of mount “**Pantokratoras**”, Corfu's tallest peak, offers stunning views of the island, wide plains and of course of “**Dassia**” & “**Ipsos**” Bay.

In the “**Ano Korakiana**” village we will pause our cycling efforts at a local **café shop** to enjoy a tradition **snack**, before starting to downhill in order to meet the scenic seaside road that leads back to “**Dassia**” village.

**Distance:** 9 Miles – 17Km

**Area:** Ano Korakiana

**Difficulty:** Easy to Medium

**Duration:** 2.5 -3 hours



## Boukaris Coastline MTB Tour



This bicycle tour is really special for coastline lovers. It starts close to “**Moraitika**” village, through the “**Messonghi**” river and follows the great roller coaster road that develops for at least 8 km near the coast line.

The overview of the north part of Corfu Island is magnificent and in the path some really small bays with **restaurants** and **coffee shops** will give us a chance to stop for a refreshment, while enjoying the inviting sea and mountainous nature on the horizon.

After our break stop, we will proceed with a right turn returning back to our starting point.

**Area:** Boukaris

**Difficulty:** Moderate

**Duration:** 1,5 Hours

**Distance:** 12,4 Miles – 20Km





## MTB up to “Achilles” Palace



We will start from Corfu town, cycling towards “**Gastourion**” Village Hill, about 4 miles / 6,3 Km away, following an almost straight paved path with no shorts of any difficult climbing.

What follows next it's the climbing to this very old village, with its “**Achilleian Palace**” build for **Empress Elizabeth of Austria** (Sissy).



There we will make a walking tour inside the Palace & have a stop for some soft drinks into a fantastic Café, with a spectacular view of the Eastern Ionian sea.

After that, we will face an easy, fresh and speedy downhill with marvelous cornering down to the sea of “**Perama**”.

We will continue to follow the seaside road all that way towards the national airport & pass across the sea lake through a narrow bridge, before arriving again in Corfu Town.



**Distance:** 11 Miles – 19Km

**Area:** Gastourion - Perama

**Difficulty:** Easy to Strenuous

## Sokraki Downhill MTB

We will be transferred by car, us and our bikes, up in one of the most spectacular & green hills of Corfu Island. That would be the hill that on top of it, at almost 400m above sea level, “**Sokraki**” Village is situated.



Before we start our downhill, we will have the opportunity to pay a visit on a **panoramic** place overlooking the whole part of our cycling route towards sea level.

As soon as we start, the “**snake**” road, the amazing view of the distant ocean and the “**Ano Korakiana**” village laying underneath, will strike us deep in the heart.

Afterwards we will rapidly descent passing through the traditional “**Korakiana**” village, following a big drop, while immediately after the smooth descent towards “**Agios Markos**” village, will keep us refreshed with the flow of the outdoor air.

The road is full of green, **olive trees, fig trees, grapes, lemon trees** and much vegetation.

Our downhill tour will end at sea level, at “**Ipsos**” beach, where we are going to enjoy a soft drink and admire the calm sea.

**Area:** Sokraki

**Difficulty:** Easy

**Duration:** 1 Hours

**Distance:** 7,20 Miles – 11,6Km





## Governor's & Paleo Cave **MTB** Tour



This is one of the the most amazing bike tours of Corfu Island. The adventure begins close to “**Moraitika**” village onto the main road but soon after it follows the narrow countryside roads of **south Corfu**.

Our first stop will be to the **Paleolithic cave** by the name of “**Grava**” which is situated on a hill’s roots just 200m away from the main road.



In the same area we will have the opportunity to visit the **WWI's military Serbian** camp's spring of **1916** and what's leftover of the **WWII's German AA** emplacements in the region.

We will then proceed parallel to the coast line and through the dense olive tree countryside.



## Governor's & Paleo Cave MTB Tour



Our second stop involves the visit to the **1 out of the best 10** oil of olive production establishment's in the **whole world**. It's oil is world wide know by the name of **"The Governor"**.



What follows next is the visit in the village of **"Agios Matheos" (Saint Mathew)** where the descent of the downhill road will lead us back and close to our starting point.



**Area:** Agios Mathaeos

**Difficulty:** Moderate

**Duration:** 3 Hours

**Distance:** 12,4 Miles – 20Km





## Southern Olive Groves **MTB** Tour



**Linia** is an area in the Southern West side of Corfu and we refer to it for this tour as a characteristic place of Olive Groves. Actually this tour involves more areas, like **Alevroparion, Agios Georgios, Argyrades** etc. All villages close to the **Korission's Lake**, which of course we are going to be visiting. The goal for this tour is to get the bikers to come into a close contact with the cultivation of the Olive trees in the Southern Island of Corfu.

Thousands of Olive trees are to be found where even the locals wouldn't all know about it. Just aside of well known touristic urbanized zones, the olive groves and the green are simply hidden and waiting to be discovered.

Mountain biking is the best way to do it since the visitor has the opportunity to visit more places faster and with almost absolute silence. In the Summer those places are full of **cicadas**.

Our tour can start in any of the known southern villages of Corfu island, since it consists in a big circle in the area. The terrain is accidental with stones, grass and few sand. Of course some sections are placed on tarmac, just to guide us into the next green and unurbanized nature area of Corfu.

**Area:** Linia

**Difficulty:** Easy - Moderate

**Duration:** 2,3 Hours

**Distance:** 22 Miles – 34Km



## Mon Repos Odyssey (Kids or Adults)



“**Odysseus**” left troy after the city has fallen into the hands of Greek army of King “**Agamemnon**”. The Treasure Hunting begins with “**Odysseus**” and his companions leaving city of Troy on their way back home.

In their sailing back to Island of “**Ithaka**”, and kingdom of “**Odysseus**”, they face dangers, monsters, gods, witches and giants.

Help “**Odysseus**” reach its kingdom resolving the puzzles. On your quest with “**Odysseus**” meet :

1. Poseidon's Buried Trident
2. Hades Well
3. The Gates of the Unknown World
4. Olympia Road
5. The Shrine of the Champions
6. Olympian Treasures
7. Apollo's Temple
8. Sibligrades Passage
9. King Alkinoos Palace
10. Princess Nafsika Rooms
11. Hera Temple
12. Tiresias Prophecies
13. The Olympic Games



This mysterious adventure can be modified for Kids or Adults. All welcome!

**Duration:** 1.5 Hours



## Sinarades Village Hiking



“**Sinarades**” village, about 13 km away from Corfu Town, is an ideal destination for those who want to discover the Corfiot countryside. This village is built on a verdant hill, overlooking the famous beaches of “**Agios Gordios**” and “**Gialiskari**” beaches, but is not visible from the sea.

The hiking path starts from the place “**Aerostato**”, just outside the village, while the view of the green coastline is magnificent.

Just below this site is the verdant island of “**Kyra-Dikaia**”, which is named after the church on it, dedicated to the **Virgin Mary**.

In the northwest of “**Kira Dikaia**” isle there are two rocks inside the sea, among which, according to local tradition, fishermen had found the corpse of a bride whom the pirates had kidnapped on the day of her marriage. Since then, these rocks have been named “**The Bridle's Stones**”.

**Area:** Sinarades

**Difficulty:** Easy

**Duration:** 2 Hours





## Kombitsi Woods Hiking



A breath away outside Corfu town is a place that does not look like any other on the island. A really **green forest** stretching from "**Viros**" village to "**Kombitsi**" village & "**Triklino**" area is the place of our relaxing hike.

Tall **Oaks**, **Pines** and **Chestnuts** trees combined with other species of trees & shrubs give the feeling like of a fairy-tale adventurous forest.

This pristine area is ideal for walking, cycling not excluded, in the lush vegetation and wildflowers.

The most important attraction of "**Kombitsi**" village is the **ruined mansion** of the "**Kombitsi's**" family, noblemen of the 18th century, of whom the village was named after.

This "**Palace**", now a private home, is a P-shaped building with a simple, but elegant architecture, that points to a renaissance convent with arches around its large inner courtyard.

Another important attraction in "**Kombitsi**" area is the impressive, restored **Venetian fountain** of monumental character, with a very interesting **Baroque** architecture, from which the village was formerly supplied with water for many years.

**Area:** Kombitsi

**Difficulty:** Easy

**Duration:** 2 Hours



## Pantokrator Monastery – Hiking Agios Mathaios



The monastery of “**Pantokrator**” (God Almighty) is located in the southern Corfu, close to “**Agios Mathaios**” village.



The overview of the understanding region is breathtaking and fulfills a human’s soul with calm and admiration for the vastness of the sea.

Our hiking activity will start at “**Agios Mathaios**” village where we will be able to see the “**Ionian Pelagos**”. This sea with its spectacle blue color will come to our sight as soon as we hike to the top of the hill, reaching the famous monastery.

After a small stop at this really **spectacular panoramic** we will proceed to the descending part of our hike, following a narrow path, through a nature dense of olive trees and bushes.

On this hike we will have the opportunity to outline & visit some historical places concerning the area. One of them is “**Grava**” a **Paleolithic cave** in the area.



**Area:** Agios Mathaios

**Difficulty:** Moderate to strenuous

**Duration:** 2 – 2,5 Hours



## Corfu's Best Preserved & Oldest Heritage Protected Village: Old (Palea) Peritheia **Hiking**



Mount “**Pantokratoras**” (Almighty) is located on the north eastern part of Corfu Island and has a maximum altitude of 920m (3018ft). Up there we will enjoy the spectacular view of the whole Island of Corfu and the sea straits between Albania and Greece.

Our Hike involves going up that mountain starting from village “**Meggoulas**” and proceeding to the big cave of “**Grava**”. After a small drink break, we will then proceed downwards on our way meeting the historic 'Heritage Protected' village of “**Old Peritheia**”, in “**A Designated Area of Natural Beauty**” that was a winner of “**TripAdvisor's Certificate of Excellence**” in 2016-2018.

The village of “**Old Peritheia**” is the oldest example of the original mountain villages of Corfu. Records date back to the **mid-14th century**, although it is considered to have been inhabited many centuries before.





## Corfu's Best Preserved & Oldest Heritage Protected Village: Old (Palea) Peritheia **Hiking**



Around **130 houses** were built, entirely by hand, some of which have now fallen into ruins & many of which are now under restoration. The village, once inhabited by approximately **1200 people**, was one of the wealthiest on the island, surrounded by **vines, oak trees** and **thousands of sheep** that roamed across the mountainside.

To this day, with its cobbled streets & ancient houses, the atmosphere retains its warmth & friendliness.

Encircled by eight churches & nestling beneath the island's highest mountains, **Old Peritheia** is set amidst beautiful countryside with views to the sea, it was once a hideaway from Pirate attacks. Back in those days, the 'best land' was in the mountains and land by the sea as practically worthless and unsuitable for farming etc. That all changed when tourism began to get a foothold in the 1950s-60s, and the village population migrated to the new-found wealth & jobs in tourism.

**Area:** Old Peritheia

**Difficulty:** Moderate to Strenuous

**Duration:** 2,5 - 3 Hours

**Distance :** 9.5Km



## Herimitis Ecosystem Extended – Hiking



This hike is unique as it goes almost 10km (6.2 miles) along the **North East** coast of Corfu Island. We start close to “**Nissaki**” village and follow the paths along the fantastic coast line till, and, including Herimitis Ecosystem [“**Nissaki**”, “**Gialiskari**”, “**Kalami**” & “**Agios Stefanos**” villages].

The path we follow is full of **rich vegetation**, some nice and lonely villas, traditional **fishing villages** and of course the well known “**Herimitis Ecosystem**”. The eco-system of “**Herimiti**” is situated along the coastline of “**Sinies**” to “**Kassiopi**” which is found on the North-East coast of Corfu.

This area is known for its beauty and **environmental importance**. Its dense vegetation, crystal clear beaches and two lakes, merge as one not only to create a unique location but also one of the few unspoiled areas still remaining.



**Area:** NE coast of Corfu

**Difficulty:** Moderate

**Duration:** 3,5 – 4 Hours



## “Spartilas” Village onto mt “Pantokratoras” Hiking



There is only one place on Corfu island that will make you completely understand where exactly your holidays are taking place. And that is the mount “**Pantokratoras**”, a mount with a monastery dedicated to “**Almighty [Pantokratoras] God**” located at the top edge of it.

Hike with us, while we start our activity close to the beautiful village of “**Spartilas**” on a green hill side. Soon we will be needing to use narrow paths to get to highest point of our hike.

Immediately after the climbing, we will be moving almost horizontally through bushes trying to reach a graphic ruined **old Orthodox chapel**, almost at the edge of a rock on the hill side. The view of the underlying beaches, while facing the south side of Corfu Island itself, is really breathtaking away!

This hike is a bit demanding but will give us an unforgettable experience with the nature and its **Panoramas**!



**Area:** Mount Pantokrator

**Difficulty:** Moderate to Strenuous

**Duration:** 2 – 2,5 Hours

## Achilleion Palace – Gastouri - Agia Kyriaki Chapel

**Hiking** - *“In the footsteps of the empress Sissy of Austria”*



From the **Achillion Palace**, built for the **Empress Elizabeth** of Austria (**Sissy**), this walk takes you on an exploration of **“Gastourion” village** and to the summit of **Mount “Agia Kyriaki”** (288 meters).

The hike passes many spots associated with the **Empress**, and there are several lovely viewpoints which the best of all is up to the chapel, facing the magnificent view of east coast with picturesque **“Pontikonisi”** (Mouse Island) and Corfu Town.

Our descent will bring us in a **very dense vegetation** hill side with really narrow paths, with bushes, olive trees and “ghosted” & ruined abandoned shepherd houses.

Along this path we will also find many different kinds of **mushrooms** and the famous beauty of Corfu’s mounts, the **“wild purple orchid”**.

**Area:** Gastouri

**Difficulty:** Moderate

**Duration:** 2 Hours





## **“Vatos” to “Mirtiotissa” Hiking Paths**

### **“The best beach in the World” Lawrence Durrell**



Behind “**Vatos**” and backing the golf course, there is a conical mountain topped where a chapel rises.

This walk takes us to its **oak-forested** summit, offering wonderful views both **over** the **sea** and **inland**. On its descent it will takes us down to “**Myrtiotissa**” beach Monastery and - according to Lawrence Durrell - the “**best beach in the world**”.

At the end of September we will have the opportunity to taste the delicious native wrist of the area fruits by the name of “**Koumara**”. The bees of the mount are making a unique flavor honey out of that fruit that its use is recommended to people suffering from **Diabetes**.

From the beach, a long and steep ascent on a delightful path through shady olive groves will guide us back to our starting point.



**Area:** Vatos

**Difficulty:** Moderate to strenuous

**Duration:** 2 – 3 Hours



## “Herimitis” Ecosystem – Hiking Paths



The eco-system of “**Herimiti**” is situated along the coastline of “**Sinies**” to “**Kassiopi**” which is found on the North-east coast of Corfu.

This area is known for its beauty and **environmental** importance. Its dense **vegetation**, virgin & clear beaches and two **lakes**, merge as one, not only to create a unique location but also one of the few **unspoiled** areas still remaining on Corfu Island.

Different hues of green and blue, smells of different **herbs** and the sea accompany the visitor who is looking for a more meaningful and different kind of visit to our island.



**Area:** Sinies

**Difficulty:** Moderate

**Duration:** 2 – 2,5 Hours



## Benitses: the “Vouno” & the Waterworks - Hiking



This hike combines the **“Water Walk”** with the magnificent mountain, the so called **“Vouno”** & **“Agia Triada” (Holy Trinity)** Chapel on top.

We will commence our hike at sea level following the **“Benitses”** village river. Once we reach mt **“Stavros” (Cross)**, then the **“Vouno”** & the chapel of **“Agia Triada”** on the top, high above **“Benitses”**, awaiting us as a whole new world to explore.

The nature is quite green and dense of vegetation, specially of bushes and olive trees. This hike has a **“water theme”**, as soon as we pass by the chapel. A **spring** besides a **water stream** and a **19th century waterworks** are the main protagonists of this theme.

On our last hiking section we will follow an old **pipeline** down to **“Benitses”** village again.



**Area:** Benitses

**Difficulty:** Moderate to Strenuous

**Duration:** 2 – 2,5 Hours



## Angelokastro & Bricklayer Path – Hiking



In this hike we will be able to immerse ourselves in the era of the early **Roman knights**. We will visit a unique “**Byzantine**” (**Eastern Roman**) fortress and admire the fantastic views of the north west coast on this ramble along ancient paths and country lanes.

Built on top of a green hill with very old olive trees, there is an ancient village with a history that goes back to the **13th century A.D.** Probably the first inhabitants were craftsmen who have helped in the building of this famous “**Angelokastro**” (**Angel’s Castle**).

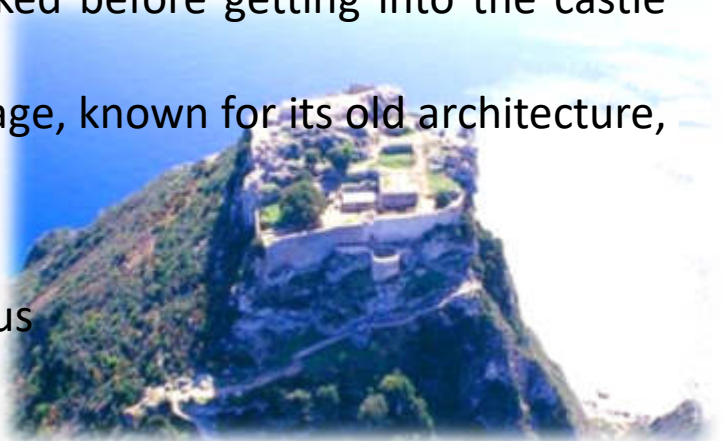
The most important path, the “**bricklayer path**” connects this castle with a wonderful coast situated on the west of Corfu, the famous “**Saint Georges**” beach, small port of the past era, where all the supplies were disembarked before getting into the castle by that path.

Highlight is the “**Makrades**” village, known for its old architecture, maintained until today.

**Area:** Makrades

**Difficulty:** Moderate to Strenuous

**Duration:** 2 – 2,5 Hours





## Mount "Pantokratoras" Protected Zone Hiking



This is the easiest hiking tour on "**Mount Pantokratoras**" but still offering the opportunity to see the lower shores with the very well known breathtaking views that this mountain offers to its visitor.

The hike is almost always on the same level of altitude & consists on a quite big **circle** tour around the side of the mountain that faces **Corfu Town (SW)**.

The ground is almost leveled in the beginning while from the middle & later, some **losing** or **gaining** in altitude will start to take place and the ground will be a bit rocky.

The last part of the tour is towards the highest point of the mountain which is around **910m** or **2800ft**.

This tour is taking place within the wild life public shelter where hunting is prohibited by the law.

**Area:** Mount Pantokrator

**Difficulty:** Easy to Moderate

**Duration:** 2 – 2.5 Hours



## Episkopiana village Hiking



“**Moraitika**” is a small village located along the south coastline of Corfu, close to “**Mesonghi**” river. This area offers a great, full view of the Ionian sea with its blue green waters, giving the day a feeling of privilege.

Right above “**Moraitika**”, the hills overlooking the area, invite for a visit. Hiking on their sides while exploring the alter ego of the Corfiot country side, is an early morning happy task.

On the top of those hills, an old & traditional pictured small village by the name of “**Episkopiana**” sits peacefully there for many centuries. “**Episkopiana**” village can boast about being the place where the 1st governor of modern Greece, “**Ioannis Kapodistrias**”, was born. Even today, his house is well maintained within this village.

It was in fact in this house, back in 1819, that the heroes of the Greek Revolution, “**Tzavellas**” & “**Kolokotronis**”, according to the governor’s memoirs, stayed as his guests. “**Episkopiana**” village is also known as “**Psychopiana**”. The reason for this is that “**Kapodistrias**” called the villagers «**Psychopianites mou**», which means “my soul people”.

Narrow roads, lovely, colored, small houses built next to each other, old ruined chapels, many trees & a beautiful view of the west sea, are the key elements of this hike.

Our walk pass through the Corfiot olive woods around & into that village, while enjoying the stunning views, having much to discuss on historical details while having a Greek traditional coffee in our break in the village square.

**Area:** Episkopiana

**Difficulty:** Moderate

**Duration:** 2 – 3 Hours





## Chlomos through Queen Sofia's Footsteps



**Chlomos** is one of the oldest villages in Corfu and one of the most picturesque in the whole island. Some people also call it «Balcony of Corfu» because at an altitude of 270 meters, you can enjoy a wonderful view, both towards the southern part of the island, as well as towards the eastern coastline of Corfu.

Princess **Sofia Palaiologou** daughter of king Thomas Palaiologou, after the death of her father, was raised in Corfu by the Roman Catholic Cardinal Bissarion. During her childhood she was much enjoying walking and exploring the land of Corfu right in the area of Chlomos, which we hope that you will enjoy too in our hike.

**Area:** Chlomos

**Difficulty:** Moderate to strenuous

**Duration:** 2 Hours



## MTB Rentals 29ers – Sestriere 300



### **Sestriere 300 29 "is the front 21V MTB of Lombardo**

The Sestriere 300 Hardtail Bike has an Aluminum frame, the Zoom fork with 80 mm travel, the Shimano Altus shifter and the mechanical disc brakes.

The Sestriere 300 belongs to the category of City, Trekking, Cyclocross, Mountain bike casual bikes

This category refers to bicycles that can be used on unpaved roads and gravel paths with moderately inclined paths.

Contact with uneven ground poses no problem. The jumps must not exceed 15 cm in height.

Sizes: L, XL



## MTB Rentals – Ideal Strobe



**Frame** Hardtail, AL6061-T4/T6, hydroforming, internal shifting cables, **Fork** ZOOM 565D, 100 mm, mechanical lock out, adjustable preload, **Front derailleur** Shimano FD-TY700 , **Rear derailleur** Shimano RD-TX800SGS, **Shifters** Shimano SL-M310, **Bottom bracket** Shimano BB-UN100, **Crank set** Shimano FC-TY301, 42-34-24T, 170 mm, **Cassette sprocket** Shimano CS-HG318, 11-13-15-17-20-23-26-34T, **Chain** KMC Z7, **Front hub** Shimano HB-TX505, center lock, **Rear hub** Shimano FH-TX505, center lock, **Rims** id-Project alloy double wall for disc, with stainless eyelets, **Brakes** Shimano BR-M315/BL-M315 disc brakes, 160/160 mm, **Handlebar** id-Project riser bar, 640mm wide, 20mm rise, 6° backsweep, **Stem** id-Project alloy, 75/90mm extension, 10° angle, **Seat post** id-Project, size 31.6 mm, length 350 mm, offset 24 mm  
**Saddle** Selle Italia X-Base, **Approx weight** 15.7

**Sizes:** S, M, L.

## e-MTB Rentals 29ers – Radon ZR 7.0 Perf. 500



### Radon ZR Team Hybrid 7.0 Performance 500 – E-Bike Hardtail

Combined with the **Bosch Powerpack with 500 Wh**, which is semi-integrated in the frame, you can also master longer tours without any problems - the clear **Purion** display makes the operation of the drive intuitive and provides you with the most necessary information about what you have achieved. The **10-speed gears** from the high-quality Shimano **DEORE** series take care of gear changes, and the easy-grip Schwalbe Smart Sam tires give you grip even off the beaten track. The handlebar-lockable **Rock Shox Judy Silver TK** suspension fork takes riding comfort to a new level, while the Shimano **BR-MT200 hydraulic brake** provides the necessary deceleration. Precious LEVELNINE attachments and the comfortable Natural Fit Sequence saddle round off the package perfectly and make this bike your new favorite.

**Sizes:** M, L



## e-MTB Rentals 29ers – Radon Zr 8.0 CX 500



### Radon ZR Team Hybrid 8.0 CX 500 – E-Bike Hardtail

With 250 watts of power, up to **85Nm of torque** and **340% support**, you'll be tired of performance. The powerful **500Wh Powerpack** sits semi-integrated and centrally positioned in the lower frame triangle and ensures a harmonious ride due to its low center of gravity. To keep it harmonious even in rough conditions, we use the sensitive air suspension fork **Rock Shox Judy Silver TK** and reliable **Shimano MT200 brakes** for the necessary deceleration. When it comes to the drivetrain, you can fully rely on **SRAM's SX Eagle 12-speed shift group**, which provides you with the right gear in every situation. The high quality package is rounded off by precious **LEVELNINE** components and a comfortable **Natural Fit Sequence saddle** - the tour can begin!

**Sizes:** XL

## Personal Training – SUP Workout

P  
I  
L  
S  
A  
U  
T  
P  
E  
S



W  
O  
R  
S  
R  
U  
K  
P  
O  
U  
T

Acquarobic - TRX - Pilates - Row on Ergometer

## Corfu's Lifeguard Organization



Providing also on demand for Pool / Beach Fun or for Athletic Events :

- Lifeguard / First Aid Support
- Rescue Boat Support - Escort
- Co – Swimmer Athlete (Freestyle Pass: 1km / 20-25 min)

Soon:

- Lifeguard Diplomas for pool & beach employment
- Speed Boat Pilot Training
- Security Services



**Address:** Koronos Potamou, Corfu 49100

**Tel:** (+30) 6971947737 - 6977777809

**Email:** [nokgrcom@yahoo.gr](mailto:nokgrcom@yahoo.gr)

**Web:** <https://www.corfuactivities.com>

**Facebook:** <https://www.facebook.com/NOK.KoinSEp?ref=hl>

**YouTube:** <https://www.youtube.com/playlist?list=PLA8149767ACA7CD94>



We offer First Aid or Lifeguard support on

**Corfu Sea Land Activities®**

We got you covered!